

DEPENDENCY ON DRUGS
&
ALCOHOL

**AND THOSE WE MAY BELIEVE WE LOVE,
ALONG WITH OTHER VICES**

A Series Of Dictations By The Messengers Of The Light
By
Peter L. Martinez

“ILLUSION & FANTASY”

(In Male & Female Relationships)

“What keeps many individuals in a state of uncertainty in human relationships is co-created within the realm of “illusion & fantasy,” which has a basis on reality within a relationship.

The relationship is the basis or reality of an “illusion or fantasy” created in their mind of where they would like the relationship to go, but in reality, it is impossible or not in the realm of power within the person, or persons, they base their “illusion or fantasy” on.”

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DEPENDENCY ON DRUGS, ALCOHOL & THOSE WE MAY BELIEVE WE LOVE, ALONG WITH OTHER VICES

We have spoken about individuals who give their power away to another individual who in some way offers or tempt us into what we believe we need. There are many situations where we give our power away to those we believe we can help, and then we become entrapped to these individuals in a form of need, which we misinterpret as being love, or that we love these individuals, to who, we have given our power away. In a subconscious, macabre manner, we give our power away and a portion of this power is now in the hands of the perpetrator who holds it within their frequency in order to camouflage their true essence, and this is why we inadvertently are pulled to this individual who now holds us in bondage. They tempt us with a portion of our power that we gave away, and this is what keeps us attracted and attached like a parasite to our own frequency, which we inadvertently believe, is a portion of our mate or the perpetrator.

This perpetrator, who is our mate that we have inadvertently given our power to, will more than likely, in the worst cases, be dependent on alcohol, drugs or outside stimuli. If this is not the case, it then scales down to overindulging in food, sex, or other outside stimuli. Finally it scales down to minor diversions, which can be described as addiction to T.V., music, and any outside stimuli that will dull the senses and distract oneself from the reality of life and responsibility to our mates, family and friends. These are all distractions to dull the senses from facing responsibilities.

This does not mean to say that all that we have mentioned is negative or bad for us. But when we overindulge in any capacity, in whatever nature or substance, or for that matter, that which we ingest into our bodies for the sole purpose of dulling the senses as an escape from reality; whether it be, facing responsibilities or escape from those we feed off as parasites with our mates, family, or friends, we must become awake to this selfish act. Those who participate with these individuals must awaken to this reality, that it is a selfish act on the part of the perpetrator regardless if it is our mate, a member of our family, or our friends.

Now, the most important part of this reality is to awaken to the fact that you have given your power away to this individual who is a drug addict or alcoholic, and you are feeding them with your life force which will eventually drag you down to their exact same level, or you will now co-create the same dependency within yourself, but possibly in another form or substance.

These are very strong words and many who read this chapter may be offended and shocked, when the truth of this matter of dependency sinks in. We may claim that we love this person who has a dependency problem, and we care about their welfare and being, and that we would do anything in the world to help them get out of their dependency to drugs & alcohol, which are the worst case scenarios. But if we were to tell you that you are a major portion of the cause that keeps them dependent to their addiction, you may be in for shock and a surprise.

In order to fully understand the situation about dependency is that, obviously there is an imbalance in our nature to face life and responsibilities. Now, many individuals claim that it is a disease. It is not a disease in the manner that you catch a cold or other illness. But it is a dis-ease to the “emotional and mental body” and is anchored as a mental condition. It is a mental illness in which the individual has to awaken to the fact that they are parasites to other individual’s “emotional and mental” bodies followed by the “physical body.” But the strange thing to comprehend and understand is that the perpetrator seldom goes out looking for victims to suck the life force out of them, the victims or the martyrs, come to them in a subconscious way to feed this mental and emotional dis-ease.

You must understand that a person, who has a dependency problem, is usually surrounded by loving families, loving friends and usually a loving mate who now sacrifices her or his life for the cause of their mate. Sometimes it is the parents who sacrifice their lives for the cause of their child, and the list goes on. They will spend a great amount of time and money in order to help this individual, who for a while, may look like they will change but eventually they fall back, and sometimes to lower levels, which now shocks and overwhelms those who try to help. The sad thing is that all those that try to help are actually feeding and giving their power away to this “mentally & emotionally” ill person and are in essence giving him or her the power to remain or sink deeper into this sad condition.

DEPENDENCY IS A SELFISH ACT

We must awaken to the fact that those that have a dependency problem are very sick selfish individuals. They do not have to look far for someone to feed off of, in a parasitic way, as there are too many individuals who are subconscious, willing victims who come to them and then become martyrs to the cause, and now nurture the dis-ease in the person who they have given their power to. It all stems from a selfish act.

In the case of a person who is an alcoholic or drug addict, which are the worst cases of dependency, they constantly keep bringing the family together in very embarrassing situations. They always seem to get better, and for a while, they seem to be holding on to their own, but without fail, they end up bringing those who claim to be their loved ones into embarrassing situations; and in their pitiful state of intoxication or addiction they do cry out for help, which in most cases, does come, only to put the mate, the family, or friends, into deeper emotional and mental traumas. This is a very selfish situation on the part of the dependent person, but in a subconscious way, they get energized by these dramatic outbursts and will continue to draw more individuals in to this mess by selfish actions.

Have you ever noticed that the dependent person, who is a parasite to their supposed loved ones, never drinks or take drugs by themselves in some remote part of the woods or the desert, or for that matter, by their quiet self in their own room? They would never hurt anyone, mentally or emotionally, if they did this in the privacy of their environment, but then, they wouldn't be dependent. You could put a dependent person with six months supply of alcohol & drugs on a remote island, after a few days, they would stop indulging, as there is no one to feed off of. The alcohol & drugs are just part of tools to dull the senses, but they need the victim or martyr to feed off of their life force or energy.

We must remember that this is a selfish act, and a selfish person needs someone to be selfish with in order to create friction, which then causes energy outbursts. This is what they feed on. If they have a mate who condones or feeds their source, they do not have to touch, communicate, or in anyway have interaction, as just the fact that they are in close proximity feeds their emotional and mental dis-eased nature. They need to feed off of someone in a parasitic way.

NEED IS AN UNDERLYING FACTOR

It is important to understand that there are many stages of dependency. At the beginning, participating in drugs or alcohol is usually associated with having a good time in dulling the senses, which does mentally and emotionally take us away from our problems and responsibilities. Certain individuals soon start to find power in this, in that, those that are close to them, start to find a need of their presence. It is a slight caring need, which this soon to be parasite, starts to enjoy this energy that their partner, friend or mate seems to have an overabundance of, and which they seem to just give in a loving way. The other factor is that they don't seem to need or request much in return. Well, if they are giving it away, why not take more? And this starts the dependent person (*the alcoholic/drug addict*) on the path

of the Law of Self. In a matter of time, they now find that they now have complete power and control over this giving person (*who wants to help them*) who will now become a victim and a martyr. The loving person gave their power away to the alcoholic or drug addict.

This caring, loving person (*who wants to help the alcoholic*) may not realize that they gave their power away as all they wanted or needed is love in return. Not much, but just some love in return. This now co-creates need. They need to be loved. This is a dependency of itself, but is not associated or looked upon as an addiction in comparison to drugs or alcohol, but it ultimately is a dependency. (*The person that wants to help the alcoholic, unknowingly, now becomes the victim.*)

Once they become the victim, it takes a while before the role of the martyr comes in. Although this victim can give an over abundance of love (*giving their power away to the alcoholic*) they don't want much, just a little love in return. But what this individual does not realize, is that, once a dependent person starts working with the Law of Self, they are not capable of sharing love in a 50% - 50% manner, much less giving any love at all. What may come to a shock to you is that any love that you believe you have received was not love originating from the alcoholic or drug addict. Because you do not request much in return, what they have been giving back to you is just a small portion of your own love you gave to them in the first place. You have already given an overabundance of love away and they just feed you with a small portion of your own love, which was yours to begin with. **A selfish person and a person that works with the Law of Self cannot give of their essence much less give real love from the heart.**

We must become aware that what we perceive as love has now become an addiction of need by both parties. Both the victim and the perpetrator are now in a state of need. The victim is in such a bad state that they become dependent on the alcoholic or drug addict for the small portion of what they presume to be love. They usually compensate by over indulging in food and become obese in a need to replenish the energy and power that they are subconsciously giving away. In some cases the victim becomes extremely thin and emaciated whereas the parasitic dependent person may gain weight in opposite proportion. In either case, there will be an obvious imbalance.

NEED IS MISTAKEN FOR LOVE

If we have been in a dependent situation for a long period of time, our emotional and mental faculties will have become brainwashed into not being able to distinguish the difference between “need & love.” A perfect balance of love has to be 50% - 50% in the act of sharing. Once we start to give our power away, in any form or manner, we are no longer sharing in a like 50% -50% relationship, whether it is our mates, families or friends.

If you strike an animal with a stick at exactly 12:00 noon everyday for weeks at a time, that poor animal will become dependent on being struck. After several weeks, if one day you stop, that poor animal will go berserk in need of being struck. There is something missing and it can't handle this. It has mistaken abuse for attention or love. Everyone knows this example, yet we do not see it in our own lives. Once this starts to occur, by becoming the victim, the next step that follows is, that the victim takes on the role of being a martyr of a lost cause.

NEED BRINGS ON MARTYRDOM

When a victim goes through this role of dependency along with the alcoholic or addict, they will keep saying that when this individual is sober or in their right mind, they are very loving and do give love. We must wake up to this farce and masquerade! Alcohol and drug addiction is a selfish act within the Law of Self. The Law of Self is a self serving frequency which cannot give of its life force, much less, share it with anyone, unless, it is self serving to the parasite. You have been deceived, what you feel as love coming from them is a portion of your own love that you previously gave to them. You are in such a bad state of need that you do not recognize it as being your own energy, your own force, and your own power. You must wake up!

We must also remember that the alcoholic or drug addict is not necessarily conscious of the mechanics of how this works. They, in their own selfish way, will sense what feels good and is self serving, and in giving, they only give in small portions, even with the love that is yours which they feed back to you, in a self serving manner to keep you victimized. You are their food source. The perfect example of this is the story of Dracula who must bite and take of his victim's blood (*life force*) at three separate times (*The physical, mental, and emotional bodies*) in order to have complete control of their victims. But the irony to this is that, the alcoholic or drug addict does not have to look for a victim or a martyr, they come to them by their own accord in a state of need.

Martyrdom comes into the picture when the victim starts receiving these small portions of their own love that is being rationed back to them by the parasite. The victim feels warmth from this love, and being deceived, they believe it to be from the parasite as some sort of true love. There must be more in there! I will dedicate my life, my soul to bring it out in them! My love will do it! Famous lost words of martyrdom, which is “illusion & fantasy.”

When we ask a person, who is already a victim in a relationship with a drug addict or an alcoholic, “Why do you stay with this person? You could have a better life away from all the heartache and pain?” They are quick to respond, “inside this person is a very loving, giving, human being that needs help, and I am here to help this person. This person needs me. They would be in a terrible mess without me. I could not live with myself if something was to happen to them or if I abandon them. I could not do that to them, as deep inside they need me.” The self-proclaimed martyr has spoken. You will notice that the underlying message is that of need and is not love. Where there is love there is no need as all is balanced.

The victim who now proclaims to be a martyr, not necessarily in words, but in action has now become contaminated by the self-serving frequency of the drug addict or alcoholic in that they now become dependent on need. Need has replaced love and now they do not know the difference. Even if they break away from the parasitic drug addict or alcoholic, the terrible emotional and mental pain keeps us in conflict as to what is the right, or wrong thing to do. We are like the poor animal that has been struck daily and now our mental and emotional capacity has been diminished and seriously damaged. **We are in such a bad state of need that even if true love were to hit us in the face, we would not even recognize it or are able to feel or understand it. Our dependency on need has overwhelmed us that it may take some time to heal.**

HEALING THE ALCOHOLIC OR DRUG ADDICT

Healing the alcoholic or drug addict is a very difficult task, as it cannot come from the outside coming in as it is a selfish act and anything coming in would only serve their self-interest within the Law of Self. We must, first and foremost, understand that it is a complete selfish act on the part of the dependent person. To convince the dependent person that this is so, will only create denial within the self and will make them run from their responsibilities and to indulge in their addiction in the dulling of the senses. This is their escape.

The next thing to consider is that as long as there are victims or martyrs who want to play this role, the alcoholic or drug addict will continue in their self-serving interest with or without you. If someone is willing to give, they will take. It does not matter how much love the mate, family or friends give, it will only serve their self-interest. The next thing that you will realize is that you cannot deal or work with them, as their self-serving interest will deny you of fair play. They will always let you down and then tell you how sorry they are, after the fact, and if you open up your heart, they will once again help themselves to your life force and take your power away.

Ask a person who is dealing under these circumstances with a drug addict or an alcoholic in their life, “when was the last time you have enjoyed a beautiful sunny day, or laughed in the evening, or felt free as summer’s breeze with life in general?” You will have a real sad response, as they have given their life force and power away. They feel old and depleted, regardless what age they may be. They feel as life has passed them by and their outlook is always gray and gloomy. They look like Dracula’s victim. Their life force and power is gone, all by trying to help someone they believe they loved which is an “illusion & fantasy.” If you knew this person before they became a drug addict or an alcoholic, you will know and understand that this is not the same person you knew before. The Law of Self has taken over. If you met this person once they were addicted, you became deceived by your own need.

Once we acknowledge and determine, without a doubt, that dependency is a selfish act, we must then realize and acknowledge to what extent we are contributing to this selfish cause. Perfect balance is 50% - 50% and we must bring honesty into whatever our relationship is to the drug addict or alcoholic. Even if a dependent person gives up the alcohol and drugs, they are just giving up the tools to dull their senses, they are still “self-serving parasites” if they do not accept a 50% -50% relationship. Anything less than this is unacceptable to any intelligent human being, so do not give in to a parasite that wants more. They, of their own accord, must want to heal themselves and cannot be coerced or manipulated by a self-proclaimed martyr.

TO HELP HEAL THE ALCOHOLIC YOU MUST FIRST HEAL YOURSELF

A sick person cannot heal an equally sick person. Healing has to come from the self if indeed we want to heal ourselves. As long as we feed the alcoholic or drug addict with our power they will not heal, we only perpetuate the situation.

First, we must acknowledge and clarify this need that brought us to this person. If this person is part of our family, it will take great effort in being able to determine need and love in a detached objective manner. Ask yourself every question you can muster as to why you came to this individual in this state of need. Write all of this down. You must also clarify your perception of love, which is individual to each person. You must clearly define what is “love” and what is “need.” Where there is love, there is no need, as all is balanced.

You may have to go to your past and see, to your best recollection, where this necessity of “need” arose within your being. Was it caused by some conflict in your childhood? Was it in High School or your first love? Was it caused by your relationship with your parents, brothers, sisters, or relatives? Or, an emotional breakup with a loved one or broken marriage? Keep searching and write it all down on paper. All will surface, and in this, you will be able to heal yourself.

From this day forward, start distinguishing what is real love and what is “selfish need” in all your daily activities. All “need” can be replenished by the “Law of Attraction” and not by becoming victim to someone else's manipulation or need. If we practice sharing in all relationships in a 50% - 50% manner we will not fall victim to need as all will be balanced. It is quite simple to heal yourself by first acknowledging that you gave your power away by becoming a victim to need. Recognize and acknowledge that whatever pulled you together with a drug addict or alcoholic was need and your dependency on being needed as a victim or a martyr. There was not, and never could be, real love in this type of relationship which was dependent on need. **This may be very hard to accept. Where there is need there is no love as this is an unbalanced state within the Law of Self, which puts one person as the victim and the other as the perpetrator. Love exists only in a 50% - 50% relationship.**

Once you have balanced these things within yourself, and recognize all the factors involved within your relationship with a parasitic dependent person, you will then be able to distance or separate yourself from being a victim or the need to be a martyr. You will completely understand the difference between “Love & Need”

and will be able to help others understand this interesting phenomenon that medical science does not fully understand.

For the first time in your life you may be able to really sense and feel those who do love you for what you really are and you will always be able to maintain a 50% - 50% relationship in all factors of your life. Love will present itself to you in a radiating fulfilling manner where the frequency of “need” does not exist and all “Illusion & Fantasy” will be anchored with reality.

Let the Sun shine on you today with a smile. This is a time to release yourself and to be free with all those that will share with you this frequency of Love, Peace & Harmony.

The Messengers of the Light.

“God gives everyone “free will,” and by choice, only the “dependent person” can heal themselves by relating to loved ones who are free of “Need” in a 50% - 50% manner, and most importantly, by accepting “proven responsibility” for their actions. This can only manifest by making a three-fold stance in their “Physical, Mental, and Emotional Bodies” as we are three dimensional beings of the Divine.”

(This is a very important chapter that must be read several times to fully understand its contents. Those who are dependent on food, sex, pornography, drugs and alcohol, and any outside stimuli that we give our power to, including those we may believe we love, should read this chapter at least once a week until you heal your dependency. What occurs to individuals that are “perpetrators or martyrs” is that great portions of this chapter will be subconsciously blocked out on the first, second, and third reading by their three persona bodies. These are the physical, mental and emotional bodies. By reading this chapter once a week, even if it takes a year for worst-case scenarios, all dependent individuals will heal themselves by their own accord. We must understand that the victim who gives their power away is equally sick in the same manner as the perpetrator. Both are extremely ill within the mind (body) followed by the physical and emotional. It starts as a mental illness within the Law of Self.)

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